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the effects of inadequate diets on the population include malnutrition non communicable diseases and obesity hidden hunger also known as micronutrient deficiencies leads to various health related disorders and diseases indigenous plants in the form of indigenous fruits and leafy vegetables are gaining interest as a source of nutrients and bioactive phytochemicals satisfying both food demand and health needs moreover with the impact of climate change and the importance of sustainability of food systems it is essential that we investigate new forgotten and alternative crops that can thrive in harsh conditions require low fertilizer input and are easily harvestable this is an essential resource for academic researchers and industry professionals in the fields of horticulture agriculture crop science human health and nutrition

this volume in the series deals with the major medicinal and aromatic plants maps of south america providing information on major aspects of this specific group of plants on that continent botany traditional usage chemistry production collection practices trade and utilization brazil in particular offers an immense amount of biodiversity including plants with great pharmacological interest and ethno medicinal importance contributions are from internationally recognized professionals specialists of the medicinal and aromatic plant domain and have been invited mostly from the members of the international society for horticultural science and international council for medicinal and aromatic plants

this comprehensive collection of up to the minute research in the field of poisonous plants investigates the effects of toxins on animals and humans it covers the effects of poisonous plants on the liver the reproductive system and the nervous system as well as exploring the field of herbal medicine in a specialized section devoted to control measures the book highlights techniques such as vaccination and taste aversion providing the reader with important information on safeguarding against disaster this volume is an essential reference for veterinarians researchers toxicologists and chemists

this book offers a broad summary of the wild plants and their usage as well as the growing interest in ethnopharmacology research the book comprises of important issues such as diversity of wild plants with emphasis on medicinal and food plants threats to wild plants and traditional ethnobotanical knowledge their uses in skin diseases snake bites in cosmeceuticals etc moreover the ethnopharmacological relevance of wild plants in latin america has been discussed the chapters include a wide range of case studies giving updated evidence on the importance of their wild plant resources from different countries including peru nepal bangladesh india pakistan brazil in addition some specific species are used to explain their potential properties as well as the dangers of their use without guidance of trained natural healers the book discusses traditional usage and properties of wild plants and is entirely different from other related publications and useful for the researchers working in the areas of conservation biology botany ethnobiology ethnopharmacology policymakers etc

a groundbreaking formula of interlocking ideas which integrate circadian physiology with the transformations that constitute human life based on forty years of clinical practice julian barker takes knowledge information and data from various disciplines presenting an integrative model of health linking circadian biology with the psychosocial human being he develops a theory that attempts to explain how medicinal plants modify human physiology and how they contribute to health aimed at the student acquiring knowledge and developing the skills to practise medicine as well as the qualified herbal practitioner this thought provoking work breaks new ground in health theory

an excellent guide to guatemala s medicinal plants including illustrations botanical description habitat availability medicinal properties pharmacology and clinical experiments chemical ingredients toxology restrictions and therapeutic effects

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